

In the Classroom, Issue no. 1

September 2019

WELCOME BACK & THANK YOU

for an amazing 2018-19 fundraising year

We would love your support for an even bigger and better 2019-20!

Welcome back! We hope you had a wonderful summer and are enjoying the first few weeks of the new school year.

On behalf of GEF, a deep and heartfelt "thank you" goes out to all the families who donated to the Glenview Education Foundation during the 2018-2019 school year! Your support funded innovative educator grants to improve District 34 technology and programming. GEF is pleased to announce that during the last fiscal year, your support enabled the foundation to raise funds \$135,000 out of its \$150,000 goal.

As a member of the District 34 community, you will receive this

Who we are and what we do...

The Glenview Education Foundation, more commonly known as GEF, is a non-profit, volunteer-driven fundraising organization of District 34 parents who believe incremental private funding is critical for supporting a high performing public school district. Since being established in 2001, GEF has invested more than \$2,000,000 to fund innovative and high impact pilot programs across District 34.

Our simple process: GEF comes to you, the District 34 community, once a year via its **annual Fund Drive**--this year, from **October 7 through November 5.** During this period through emails, flyers, and a "Phone-a-Thon," parent volunteers ask for monetary donations to the Foundation, which in turn invests the money in your children's classrooms via educator grants. This year GEF is hoping for participation from ALL District 34 families-- no donation is too small!

HOW YOU CAN CONTRIBUTE TO THE 2019-20 FUND DRIVE

This year's annual Glenview Education Foundation Fund Drive is rapidly approaching, kicking off October 7 through November 5, 2019. Beginning in early October, you will receive a weekly GEF Fund Drive focused e-newsletter that will include a link for you to make a quick online donation. Any GEF family that makes a donation during the Fund Drive month will avoid receiving a phone call on GEF's Phone-a-Thon night. Look for more information via email and in your children's backpacks in the upcoming weeks.

In the Classroom newsletter throughout the school year. Read along to stay up-to-date on how the funds you so generously donate to GEF each year improve your children's learning experiences in grades K-8.

Thank you to all our local business sponsors!

Please join us in thanking our 2018-19

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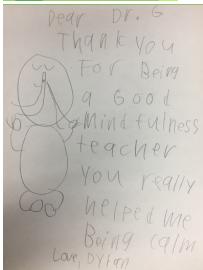
GEF GRANT IN ACTION: TRAINING IN THE MINDFUL SCHOOLS CURRICULA

Glenview Education Foundation was proud and excited to award this grant to Linda Brown, LCSW, and Sarah Gebhardt, PhD, NSCP, both of Lyon School.

This grant included having Ms. Brown and Ms. Gebhardt complete a series of online social work and psycholgy training: Mindfulness Fundamentals, Mindful Educator Essentials and Difficult Emotions. Following training, pilot groups were formed including a small group of 3-6 students who were identified as "at risk" for social or emotional difficulties, a 1st grade and a 2nd grade classroom.

Sixteen total lessons were presented to these pilot groups. The student learned that mindfulness is paying attention to what is happening in the present moment, in a way that allows us to respond rather than react. This learning cultivates emotion regulation, self-awareness and attention control.





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Research has shown that 4 hours of mindfulness instruction can lead to improved:

Attention

Emotion regulation

Behavior

Empathy and understanding

Social skills

Test anxiety and stress

The pilot program was a success and a powerful addition to social and emotional learning! With online coursework accessible and rich in content, the grant recipient teachers plan to train additional staff and roll out the program to additional classrooms.

Click below to follow us on social media for the latest updates, photos and events!







Twitter: @GEF34
Instagram: @glenvieweducationfoundation34
Facebook: facebook.com/GEF34

QUICK LINKS

GEF Website
District 34 Website
Contact Us



THANK YOU 2018-19 BLUE RIBBON DONORS!

A special thank-you goes out to GEF's Blue Ribbon Donors (individuals or families who donate \$500 or more)



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